## The New York State Society -Rockland County Chapter

Invites you to an Educational Presentation:

The Impossible Bond: Being a Psychotherapist – Parent of a Difficult Child

# By Judith Schweiger Levy, PhD

SUNDAY, February 3, 2010 St Thomas Aquinas College McNelis Dining Hall (Private Room) Route 340, Sparkill, NY

\*\*\* SPECIAL AGENDA 11:15 INFO meeting to discuss changes in <u>CPT Codes and Billing updates</u> for private practice in 2013 (Open To All)

### 12:00-1:30pm: Presentation and Lunch

### **Discussion:**

Parenting a difficult child can be painful and burdensome to most adults. It challenges the parent to deal with intense loss, disappointment, helplessness, anger and compromise at various developmental stages. The experience is often colored by

chronic, shame, guilt and anxiety. While many therapists have suffered the anguish of parenting a dysfunctional child, this

issue is rarely discussed openly. It is often treated as a private, even secret matter.

This presentation will discuss the interlinked effects on therapists' personal and professional lives when they find themselves to be parents of troubled children, and will describe some of the paradoxes inherent in maintaining these dual roles. This talk is the

result of a project in which Dr Schweiger Levy interviewed 21 psychoanalytically trained clinicians who defined themselves as

parents of difficult children.

**Judith Schweiger Levy, Ph.D.** has been in private practice as a clinical psychologist for 30 years in Westchester and New York City. A graduate from the NYU Postdoctoral Program, she is on the Teaching and Supervising Faculty of the Westchester Center for the Study of Psychoanalysis and Psychotherapy,

and is a Training and Supervising analyst at the Contemporary Freudian Societ (formerly NY Freudian Society).

#### This program is Free for Students & Members; Non-Members - \$15; Seniors - \$5. 1.5 CEU's will be available for purchase of an additional \$5.

**Driving Directions** : Tappan Zee Bridge to Exit 13S (PIP) South to Exit 6E. Right onto Orangeburg Rd. At 3rd traffic light, right onto Rt. 303. At 1st traffic light, left onto Rt. 340. At 1st traffic light, turn right into McNelis Commons. Note the campus map on your right and locate the "dining hall."

For additional information : please call Beverley Goff 845 596-7531 or Orsolya Clifford 845 664-3820