# **Out of Sorts:**

Meeting the Challenge of Working with Anxiety and Mood Disorders



Saturday, May 2, 2009

## **Conference Information**

Conference Chairperson: Susan A. Klett, LCSW-R

**Conference Committee:** Meryl G. Alster, LCSW

Kirk Brewster, LCSW

Gildo Consolini, PhD, LCSW Charlotte Elkin, LCSW, CEAP Tripp Evans, PhD, LCSW-R

Gail Grace, LCSW-R Ashanda S. Tarry, LMSW

THE NYSSCSW Conference will be held at:

The Nightingale-Bamford School Auditorium

20 East 92nd Street New York, NY 10128

CEU credits are available, CEU credits will only be granted for the workshop for which participants have registered. All-day Book Fair featuring Society authors. Reception area, Nightingale-Bamford Auditorium.

For Conference Information, call (212) 755-4765

### **New York State Society for Clinical Social Work 40th Annual Conference**



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Our unstable economy, politics, war and the threat of global warming leave underlying traces of sadness and anxiety upon the psyche and body of both therapist and patient, a feeling of "out of sorts" unconscious, difficult to articulate. Suicides/homicides occur too often when depressive symptoms and hidden rage remain the unspoken known in families, schools, the workplace, among friends, and within couples. This conference will address the profound importance of connecting and listening to both the clinician's own and the patient's split off states of awareness.

8:00 AM	REGISTRATION AND REFRESHMENTS
9:00 AM	WELCOME

Jonathan Morgenstern, LCSW, President, New York State Society for Clinical Social Work

### **Clinical Conference**

9:15 AM

#### **OPENING REMARKS AND INTRODUCTIONS**

Susan A. Klett, LCSW-R, Chairperson, Education Committee, New York State Society for Clinical Social Work

### **Keynote Presentations**

#### THE LOSS OF SADNESS: IS NORMAL SADNESS BEING MISLABELED AS DEPRESSIVE DISORDER?

Jerome C. Wakefield, PhD, DSW is University Professor, Professor of Social Work, and Professor of Psychiatry, as well as Affiliate Faculty in Bioethics and in the Center for Ancient Studies, at New York University; and Lecturer in Psychiatry at Columbia University College of Physicians and Surgeons. He is author with Allan Horwitz of "The Loss of Sadness: How Psychiatry Transformed Normal Sorrow into Depressive Disorder" (Oxford, 2007). Dr. Wakefield is the author of over 150 publications appearing in journals in psychiatry, psychology, philosophy, psychoanalysis, and social work.

#### **COMPARATIVE TREATMENT MODELS FOR PANIC DISORDER: A CASE ILLUSTRATION**

Carol Tosone, PhD, is Associate Professor at New York University Silver School of Social Work. Dr. Tosone is Editor-in-Chief of the Clinical Social Work Journal and serves on the editorial boards of Social Work in Mental Health, Social Work in Health Care, Psychoanalytic Social Work, Psychoanalytic Perspectives, and the American Academy of Psychoanalysis and Social Work's online journal, Beyond the Couch. She is also the author of numerous professional articles and book chapters, co-editor of two books and executive producer and writer of educational and community service media.

12:00 Noon to 1:30 PM LUNCH

1:45 PM to 3:45 PM AFTERNOON WORKSHOPS



## **Out of Sorts:**

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Two Therapists, Two Models, One Couple: Object Relations and Systemic Psychodynamic Approaches to Marital Treatment with a Couple with Bi-Polar Disorder

Carl Bagnini, LCSW, BCD, Faculty and Clinical Supervisor, Postgraduate Program in Marriage and Couples Therapy, Derner Institute, Adelphi University and Michael D. Zentman, PhD, LCSW. Founder and Director, Postgraduate Program in Marriage and Couples Therapy, Derner Institute, Adelphi University

- Meeting the Challenge of Working with Chronic Illness and Complicated Grief in Families

  Eleanore Rothenberg, PhD, LCSW, CGP, Founder and Clinical Director of The Sibling Center for

  Sisters & Brothers of People with Disabilities
- "Something is Happening But You Don't Know What It Is, Do you, Mr. Jones?":
  The Hunger for Ecstatic Experience
  Sharon Klayman Farber, Ph.D. LCSW, Adjunct Faculty, New York University School of Social Work
- Is it the Talking that Cures: An Exploration of the Role of Silence and Words in the Clinical Encounter Susan Pinco, PhD, LCSW-R, CCR, Advisory Board, CHADD NY
- Working with Anxiety Dreams and Reactive Countertransference in this Time of Financial Crisis

  Roberta Ann Shechter DSW, Faculty, Supervisor and Training Analysis, The Institute of Postgraduate Psychoanalytic Society (IPPS)
- Menopause Related Psychological Changes:
  Informing Bio-Psycho-Social-Cultural Assessments and Treatment Plan
  Ariane Sylva PhD, LCSW, membership in North American Menopause Society
- A Three-Dimensional Approach to Understanding Bi-Polar Disorders of Childhood, Adolescence, and Adulthood.

Paul Geltner, DSW, Director of Training at the Psychoanalytic Psychotherapy Study Center

The Insecure Bond: Attachment Anxiety and Abandonment Depression in the Everyday Life of Couples
Hilary Ryglewicz, LCSW, ACSW, Supervisor and Adjunct Faculty, Training Institute for Mental Health, Couples and Group Program

The views and opinions expressed by the presenters at this conference are their own and are presented to you by them for your consideration. As a matter of policy, the Society does not endorse the views and opinions of any presenters at this educational conferences.



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## **Registration Form**

40th Annual Conference May 2, 2009, 8:00am to 4:00pn	<b>40th Annual</b>	Conference	May 2	, 2009,	, 8:00am to	4:00pm
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Advance Registration and Workshop Preferences due by April 24, 2009

Name		
Address		
Telephone		
<u>E-mail</u>		

	ADVANCE REGISTRATION	REGISTRATION AT THE DOOR	WORKSHOP PREFERENCES
MEMBER	\$110	\$120	1ST
NON-MEMBER*	\$125	\$135	2ND
MSW STUDENTS**	\$55	\$60	3RD

- \* Non-member registrants will receive a \$10 rebate if they join the NYSSCSW within 30 days of the conference date. For membership information, call Mitzi Mirkin at (800) 288-4CSW (288-4279).
- \*\* Include photocopy of student I.D.

Cancellation Policy: Refunds will be granted on or before April 24, 2009

Please make checks payable to: NYS Society for Clinical Social Work

Return to: Susan A. Klett, LCSW-R

157 East 57th Street 6D New York, New York 10022